Childhood Trauma Questionnaire--Short Form
Version Attached: Full Test

PsycTESTS Citation:

Instrument Type:
Inventory/Questionnaire

Test Format:
Test items are rated on a 5-point, Likert-type scale with response options ranging from Never True (1) to Very Often True (5).

Source:

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Childhood Trauma Questionnaire—Short Form
CTQ-SF

Items

I. Emotional abuse
   Called names by family
   Parents wished was never born
   Felt hated by family
   Family said hurtful things
   Was emotionally abused

II. Physical abuse
   Hit hard enough to see doctor
   Hit hard enough to leave bruises
   Punished with hard objects
   Was physically abused
   Hit badly enough to be noticed

III. Sexual abuse
   Was touched sexually
   Hurt if didn’t do something sexual
   Made to do sexual things
   Was molested
   Was sexually abused

IV. Emotional neglect
   Felt loved (R)
   Made to feel important (R)
   Was looked out for (R)
   Family felt close (R)
   Family was source of strength (R)

V. Physical neglect
   Not enough to eat
   Got taken care of (R)
   Parents were drunk or high
   Wore dirty clothes
   Got taken to doctor (R)

Note. Items presented in abbreviated form. (R) = reverse-scored item. Range of all variables = 1–5. 1 = never true; 2 = rarely true; 3 = sometimes true; 4 = often true; 5 = very often true.